

MARLBOROUGH MEDICAL RESERVE CORPS (MMRC)

FALL 2006 NEWSLETTER

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NATIONAL PRIORITIES...MEETING LOCAL NEEDS

We are pleased to announce the formation of the Marlborough Medical Reserve Corps, currently 65 members strong and looking to grow, and support our city's residents in times of need.

The Medical Reserve Corps was founded in 2002 in response to President Bush's request that all Americans volunteer to help their county and community. This national network of volunteers is dedicated to ensuring hometown security in the event of a local or national crisis.

The Medical Reserve Corps is a specialized component of the Citizen Corps.

medical
reserve
corps



Citizen Corps are all a part of the President's Freedom Corps which promote volunteerism and service throughout the nation.

Medical Reserve Corps units are community based and function as a way to locally organize and utilize volunteers—medical pro-

fessionals and others—who want to donate their time and expertise to promote healthy living throughout the year and to prepare for and respond to emergencies. Corps members supplement existing local emergency and public health resources.

WHAT CAN MRC VOLUNTEERS DO?

Volunteers vigorously support local public health, while advancing priorities of the U.S. Surgeon General by:

- Promoting disease prevention
- Improving health literacy

- Eliminating health disparities
- Enhancing public health preparedness for emergencies
- Assist local hospitals and health departments with surge personnel needs in times of crisis

- Participate in mass prophylaxis and vaccination exercises and community disaster drills
 - Train with local emergency response partners
 - Assist your community during times of crisis
- And more...

SPECIAL POINTS OF INTEREST:

- *Medical Reserve Corp—Community Volunteerism at its finest*
- *Volunteer Duties*
- *Who can be an MRC volunteer?*
- *Upcoming Training Sessions—Most are free of charge*

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Medical, public health professionals, veterinarians, dentists, pharmacists, and other community members contribute to the success of Medical Reserve Corps

BENEFITS OF THE MEDICAL RESERVE CORPS

1. Bolsters public health and emergency response infrastructures by providing supplemental personnel
2. Enables communities to meet specific health needs
3. Allows the local community more autonomy—we won't be as reliant on state and national resources
4. It gives community members the opportunity to participate in developing strategies to make their communities healthier and safer
5. Provides mechanisms for information sharing and coordination between all partner organizations
6. Provides a dialogue between emergency management and public health agencies
7. Allows for national recognition of local public health and emergency response efforts

WHO DO WE NEED TO VOLUNTEER?

First Response Medical and Public Health Professionals

Physicians (Surgeons, Medical Specialists, Osteopaths)

Physician's Assistants

Nurses (Nurse Practitioners, Registered Nurses, Licensed Practical Nurses, Certified Nursing Assistants)

Pharmacists

Dentists

Dental Assistants

Optometrists

Veterinarians

Emergency Medical Technicians

Public Health Workers

Epidemiologists

Infectious Disease Specialists

Toxicologists

Mental Health Practitioners (Psychologists, Substance Abuse Counselors, Social Workers)

Health Educators/Communicators

Funeral Directors

Other Medical and Public Health Professionals

BE COMMITTED TO YOUR COMMUNITY AND VOLUNTEER!

WE NEED THE FOLLOWING VOLUNTEERS TOO

Administrative and Business Managers

Administrative Assistants

Office Support Staff

Drivers

Chaplains

Trainers

Volunteer Coordinators

Fundraising Professionals

Supply & Logistics Managers

Interpreters / Translators

Amateur Radio Operators

Legal Counsel

Financial Counsel

Public Relations Consultants

Medical Supply Experts

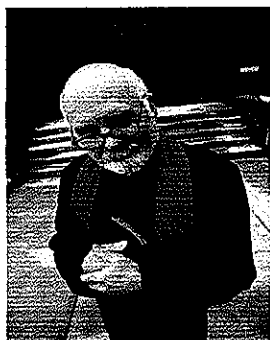
Credentialing Experts

Public Health Advisors

Database and Informational Technology Experts

Other Support Personnel

Take stock of yourself & volunteer your special expertise



CORE COMPETENCIES OF AN MRC VOLUNTEER

Active members should, at a minimum be able to:

Describe the procedure & steps necessary for the MRC to protect health, safety, and overall well-being of themselves, the team, their families, and the community

Document that they have a personal and family preparedness plan in place

Describe the Chain of

Command of Emergency Management Systems in general and how it may apply to an incident

Describe the role of the local MRC unit in a public health and/or emergency response

Describe the MRC communication role

Describe the impact of an event on the mental health of the MRC member,

responders, and others

Demonstrate ability to follow procedures for assignment, activation, reporting and de-activation

Identify one's own limits to skills, knowledge, and abilities as they pertain to service with the MRC



Non-Medical professionals are needed too!

TRAINING OPPORTUNITIES FOR VOLUNTEERS

Training opportunities are held in various communities throughout the region. All training is conducted free of charge to registered MRC volunteers.

If you are interested in a particular class please call the Medical Reserve Coordinator, Liisa Jackson at 774-278-0059

or e-mail her at: liisa@rjdesign.com

Current Training Opportunities are listed on page 4.

As interest and resources grow, we plan on adding additional training session dates and types within the local community.

CORE COMPETENCIES ARE DEVELOPED WITH TRAINING AND INTERACTION WITH OTHER MRC MEMBERS!

WHAT WE PLAN TO DO IN MARLBOROUGH

The Marlborough Medical Reserve Corps plans on participating in the Horatio Alger Festival in downtown Marlborough in early October to:

Recruit New Volunteers

Promote Family Emergency Preparedness

Provide information on preparing a 72-hour emergency

kit for individuals and families

The MMRC will also be participating in the City of Marlborough Flu Clinic slated for later in 2006.

<u>Date</u>	<u>Training Type</u>	<u>Location</u>	<u>Time</u>
03 October 2006	Heartsaver CPR with AED	Walpole Town Hall Room 112 Walpole MA	6:00 pm—10:00 pm
05 October 2006	Heartsaver CPR with AED	Walpole Town Hall Main Meeting Room Walpole MA	8:30 am—12:30 pm
07 October 2006	Heartsaver CPR with AED	Walpole Town Hall Main Meeting Room Walpole MA	9:00 am—1:00 pm
12 October 2006	Disaster Psychology	Walpole Town Hall Walpole MA	7:00 pm—9:00 pm
04 October 2006	Avian Flu	Weston Town Hall Weston MA	9:30 am—11:30 am
11 October 2006	Avian Flu	Hopkinton Fire Station Hopkinton MA	9:30 am—11:30 am
18 October 2006	Avian Flu	Carey Library Lexington MA	1:00 pm—4:00 pm
19 October	Are You Ready?	Walpole Town Hall	7:00 pm—9:00 pm
26 October 2006	Weapons of Mass De- struction	Walpole Town Hall Senior Center Walpole MA	7:00 pm—9:00 pm
01 November 2006	Introduction to Incident Command System (ICS)	Weston Town Hall Weston MA	9:30 am—12:30 pm
08 November 2006	Introduction to Incident Command System (ICS)	Hopkinton Fire Station Hopkinton MA	1:00 pm—4:00 pm
15 November 2006	Introduction to Incident Command System (ICS)	Carey Library Lexington MA	1:00 pm—4:00pm